

Supporting Adolescents and Families Experiencing Suicidality

What is the SAFES Program:

Washington State Department of Health (DOH) has received a Pediatric Mental Health Care Access Grant from the Health Resources and Services Administration (HRSA) and has partnered with Seattle Children's Hospital and Frontier Behavioral Health in a shared commitment to improve mental health access and care for vulnerable adolescents in an underserved region of the state. SAFES provides rapid access to suicide-specific psychotherapy in a brief 4 session model. The program is based on the Crisis Care Clinic model developed at Seattle Children's. The care team at Frontier Behavioral Health will use a combination of in-person and telehealth crisis support services for both the caregiver and their adolescent with suicidality crises and inadequate current supports.

Patient Eligibility Criteria:

- Must live in a Washington state eligible county (Adams, Chelan, Douglas, Ferry, Grant, Lincoln, Okanogan, Pend Oreille, Spokane, Stevens)
- Age 12-18
- Patient's primary care provider has active concerns of suicidality, but child is not severe enough to need an ED visit today
- Child should not be engaged in other mental health services, unless current therapist/provider cannot safely handle the child in the community

Currently no insurance restrictions



How to Refer a Patient:

A patients' PCP can call to speak with a child psychiatrist at the

Partnership Access Line (PAL) at 866-599-7257

For more information please email: SAFES@seattlechildrens.org



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