

Seattle Children's Presents: A Virtual CME Event

Pediatric Sleep Disorders



Join us for a discussion and claim Category II CME credit

**Tuesday, September 21, 2021
6 to 7 p.m.**

Webex Virtual CME Event

**Presented by Seattle Children's Sleep
Medicine and Pulmonary Department**

Maida Chen, MD

Director, Pediatric Sleep Disorders Center

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RSVP by September 20

RSVP by email

Jen.mueller@seattlechildrens.org

**Hosted by Physician
Relations liaisons:**

Jen Mueller
Kenton McAllister
Patti Kilburn

Routine, restorative sleep is a cornerstone of reaching any child's neurodevelopmental potential and optimal health. However, the diagnostic work-up and management of certain sleep disorders, many of which involve changes in familial lifestyle, can be challenging to do in a busy general pediatric practice. This discussion will focus on the pediatric sleep specialists' approach to, and strategies for, common but refractory sleep difficulties, with the aims of providing more sleep education referral guidelines to our community partners.

Learning Objectives:

- Attendees will be able to better assess and counsel patients and families on common sleep disorders.
- Attendees will become familiar with referral guidelines to Sleep Medicine, to help with shared decision making with families struggling with sleep difficulties.

*Questions can be asked during the live event via the 'chat' box

OR

Please feel free to submit questions prior to:
Physician.relations@seattlechildrens.org



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