

Seattle Children's Presents a Virtual CME Event

Integrated Behavioral Health and Brief "FAST" Interventions in Pediatric Care

(Anxiety, Behavior, Depression, Parenting Teens and Trauma)



Join us for a discussion and
claim **Category II CME credit**

Thursday, Nov. 3, 2022, 6 to 7:15 p.m.

Via Webex

Presented by Seattle Children's

Nat Jungbluth, Ph.D., Co-Director of FAST
Programs, PAL

Sophie King, MHA, Program Manager,
SC Clinically Integrated Network

**Integrated Behavioral
Health and Brief "FAST"
Interventions in Pediatric
Care (Anxiety, Behavior,
Depression, Parenting
Teens and Trauma)**

RSVP by November 1, 2022

RSVP by Email to:
Physician.relations@
seattlechildrens.org

**Hosted by Seattle Children's
Physician Relations**

First Approach Skills Training (FAST) programs are designed to provide brief, evidence-based behavioral therapy for youth and families with common mental health concerns, in settings such as primary care clinics or schools where longer-term treatment is not typically provided.

Learning objectives:

- Overview of Seattle Children's Care Network (SCCN) and Seattle Children's Integrated Behavioral Health Program Learning Collaborative
- Learn about the 5 available First Approach Skills Training (FAST) programs for Anxiety, Behavior, Depression, Parenting Teens and Trauma.
- Get oriented to free FAST resources for PCPs
- Get oriented to free FAST resources for training and supporting behavioral health staff

Questions can be asked during the event by electronically raising your hand. How to do so will be explained during the introductions.



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